

Principles of Human Rights-Based Disability Support in Australia

This module equips disability support workers with the knowledge, legal understanding, and practical frameworks required to adopt a human rights-based approach to disability support in Australia.

Participants will learn how to shift from traditional medical or transactional care models toward person-centered support that actively upholds individual dignity, autonomy, and equality.

Through a comprehensive examination of key legislative safeguards, national reform strategies, and human rights frameworks, support workers will build the competence to identify, prevent, and address rights violations.

Ultimately, learners will be empowered to promote self-determination, ensure participant safety, and drive systemic advocacy in their day-to-day practice.

Type:	Duration:	Delivery:	Cost:
MOOC *(Massive Open Online Course)*	1,5 Hours	Structured Self-Directed Online Learning	$65.00

Disclaimer: Our soft skills self-paced courses are designed with a human-in-the-loop with the assistance of generative AI.

Who is this Course For?

This course is for disability support workers and management staff to understand the responsibility to enhance your participants lives through decision-making and upholding their Human Rights with the frameworks and policies behind you to make a difference.

What you will learn

By completing this course, you will gain the skills and knowledge to:

- Legislation and Equality Safeguards: Understanding rights, fairness, and anti-discrimination obligations under the Disability Discrimination Act (DDA).
- National Policy and Structural Reform: Exploring Australia's Disability Strategy (ADS), insights from the NDIS Review, and the role of a proposed Human Rights Act in strengthening legislative protections.
- Lessons from the Royal Commission: Examining key findings from the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability to drive systemic safety.
- Safety, Autonomy, and Freedom from Coercion: Mitigating risks while challenging the segregation of people with a disability, avoiding unauthorized deprivation of liberty, and safely eliminating regulated restrictive practices.
- Decision-Making and Self-Determination: Operationalising the National Decision-Making Framework to shift from substitute decision-making to supported decision-making models.
- Human Rights-Based Needs Assessment: Practical application of a human rights-based assessment model to design, plan, and deliver support tailored to individual aspirations and legal rights.

Certificate of Participation

When you successfully complete this course you will receive a digital 'Certificate of Participation' from the Nationally recognised Registered Training Organisation (RTO:45552) Assist Ability Academy stating the following module has been achieved:

- **NDIS0020 Human Rights-Based Disability Support**

Speak with us today

1300 091 016

info@assistabilityacademy.edu.au

Factory 1, 49 Mcarthurs Road, Altona North, VIC, 3025

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